

VERTEBROPLASTY/KYPHOPLASTY

Preparation Instructions

- You should report to your doctor all medications that you are taking—including herbal supplements—and if you have any allergies, especially to local anesthetic, medications, general anesthesia or to contrast materials (also known as “dye” or “x-ray dye”).
- Your physician may advise you to stop taking aspirin, nonsteroidal anti-inflammatory drugs (NSAIDs) or a blood thinner for a specified period of time before your procedure. Also inform your doctor about recent illnesses or other medical conditions.
- Women should always inform their physician and x-ray technologist if there is any possibility that they are pregnant. Many imaging tests are not performed during pregnancy so as not to expose the fetus to radiation. If an x-ray is necessary, precautions will be taken to minimize radiation exposure to the baby.
- In most cases, you may take your usual medications, especially blood pressure medications. These may be taken with some water in the morning before your procedure.
- You may be instructed to not eat or drink anything for several hours before your procedure.
- You will be given a gown to wear during the procedure.
- You will need to have a friend or relative drive you home after the procedure.